

# Southlake Dermatology Newsletter

## Summer edition

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The summer of 2008 looks to be another hot one. Taking the time to review and update your skin care products and sunscreen should start now before it is too late. In this newsletter, we will discuss some new products and specials designed for the purpose of keeping your skin vibrant and healthy. Please take a few minutes to look at what we have to offer and feel free to forward this email to any of your friends and family.

As a reminder, we practice all aspects of dermatology: medical, cosmetic, and surgical. If you need to have a suspicious mole evaluated, please have your primary care provider's nurse contact us so we may schedule you quickly. This time of year more patients notice moles that are suspicious for melanoma.

### SkinMedica line extended



To make room for new SkinMedica products, we are offering 30% off our in-stock inventory of MD Forte while supplies last. We welcome the opportunity to review your MD Forte products and suggest alternatives in our SkinMedica line. This line contains the human growth factors that slow down the aging of our skin giving us a vibrant, healthy glow. In addition, SkinMedica offers products containing

15% AHA/BHA (Alpha/Beta Hydroxy) acids for those of you that love what MD Forte glycolic acid did for your skin. Call today to make your skin care consultation appointment with Kay.

Sign up to win a year's supply of SkinMedica's TNS or evaluate their product options, click [here](#). Home page will have a link to register.

### Who likes a sunburn?

How to's on prevention...



Use **sunscreen** every day with SPF 15 or greater. You may need a water resistant product if outdoors while remembering to reapply. **Heliocare** is a pill you can take on the days you are going outdoors to provide photoprotection of your DNA while serving as an antioxidant. A topical antioxidant is also very helpful for daily use in the morning such as **Revale** or **Skinceuticals' new release Phloretin CF**. Want to learn more, simply call and set up your appointment to personalize your regimen against the Texas sun. If you do get sunburned, please call for a prescription of

Biafine, a new topical that speeds up the healing process. During the summer, we are offering a **free Skinceutical Lip Repair** (\$32) with the purchase of a Skinceuticals Sunscreen and Skinceuticals antioxidant. Call for your appointment with Kay to discuss the right sunscreen and antioxidant for you.

For a list of the sunscreen products we carry, click [www.MDSkinProducts.com](http://www.MDSkinProducts.com).

### Beautiful eyes

Fraxel vs. Blepharoplasty



As we age, all of us begin to experience relaxed upper eyelid skin that seems to have been stretched by some unknown force. Before Fraxel, we did not have a great non-invasive option to tighten the upper eyelid skin. We have treated multiple patients with Fraxel on the upper lids and have received fantastic feedback. Temporary swelling does occur but by wearing sunglasses or reading glasses, it is easy to disguise for those short 2-3 days. We recommend 3-5

treatments. Durenda would be happy to discuss with you if you leave her your contact numbers.

Each treatment for upper lids only is \$300. Cost for patients who commit to a full series of 5 treatments= \$1300 [www.Fraxel.com](http://www.Fraxel.com)

## Aging Hands

Radiesse Rescue



We have found amazing results injecting Radiesse into the top side of the hands to help soften the look of the bones and veins which tell our age. The procedure is painless and takes approximately 30 minutes. Most patients will need one syringe per hand at \$675 per syringe. Book your appointment with Dr. Bowers before August 8th for hand treatment and receive a complimentary Dermasweep MD Facial (value \$170) Results expected to last 12-18 months. [www.Radiesse.com](http://www.Radiesse.com).

Our goal at Southlake Dermatology is to help you heal and preserve your skin. Our staff is always available as your resource to advise you on your best line of defense. Kay, our product specialist, is available for both established patients and new patients to our practice. She can help guide you as to what approach Dr. Bowers recommends even before your appointment with one of our providers. Her number is 817-251-6500 ext 103.

**Sincerely,**

Angela Bowers, MD

Jennifer Aranda, MD

Beth Jouett, PA-C

& your friends at Southlake Dermatology